



EVA & ELM

# Wellness

A wellness collection focused on improving your health and wellbeing.

Eva & Elm is a range of products which have quickly become indispensable in a new and different world. Focused primarily on and around prevention and care, the products are everyday essentials which help us to live a cleaner life and improve our daily routines.

The Eva & Elm brand is your assurance of reliable products sourced from trustworthy manufacturers.

**LIVING LIFE WELL**



**The COVID-19 pandemic** has rapidly changed our lifestyles and adjusting to the 'new normal' presents many challenges for us all.

With this in mind, we have created a range of wellness essentials, to help you navigate these unprecedented times and improve your lifestyle.

Leading a well-balanced and healthy lifestyle in terms of fitness, hygiene and nutrition plays an increasingly important role within the fast-paced and demanding world we live in.



**For every hand sanitiser purchased from this range, R1,00 will be donated to the National Solidarity Fund.**





# Hand Sanitisers

**Clean hands save lives.**

Your greatest defence against infectious diseases like COVID-19, is practising good hygiene by thoroughly washing your hands with soap and water or using an alcohol-based hand sanitiser frequently.

# GEL HAND SANITISERS

*did you know...*

These alcohol-based sanitisers contain  
Isopropyl Alcohol > 70%



**HWB-9907**  
**EVA & ELM COPPETT 50ML**  
**GEL HAND SANITISER**

8.2 (l) x 4 (w) x 2.4 (h) • PET  
50ml

**HWB-9943**  
**EVA & ELM ALLERTON 150ML**  
**GEL HAND SANITISER**

10.5 (h) x 5.5 (dia) • PET  
150ml

**HWB-9940**  
**EVA & ELM SANDWELL 250ML**  
**GEL HAND SANITISER**

13.5 (h) x 6.5 (dia) • PET  
250ml

**HWB-9949**  
**EVA & ELM TENBURY 500ML**  
**GEL HAND SANITISER**

15 (h) x 8 (dia) • PET  
500ml

R1,00 per unit sold will be donated to the National Solidarity Fund

# LIQUID HAND SANITISERS



HWB-9957

## EVA & ELM HELSTON 150ML LIQUID HAND SANITISER

10.5 (h) x 5.5 (dia) • PET  
150ml

HWB-9954

## EVA & ELM NUFFIELD 250ML LIQUID HAND SANITISER

13.5 (h) x 6.5 (dia) • PET  
250ml

HWB-9951

## EVA & ELM STRATFORD 500ML LIQUID HAND SANITISER

15 (h) x 8 (dia) • PET  
500ml

R1,00 per unit sold will be donated to the National Solidarity Fund

## SANITISER SACHETS



**HWB-9922**

**EVA & ELM BUXTON 4ML  
LIQUID HAND SANITISER**

8 (l) x 7.4 (w)  
4ml

SW



**HWB-9904**

**EVA & ELM HEREFORD SANITISING WET WIPE**

8 (l) x 7.4 (w)  
1x anti-bacterial wet wipe

BL

*did you know..*

For effective use, apply enough hand sanitiser to cover your hands entirely. Your hands should stay wet for at least 20 seconds when using the right amount.



# Face Masks

## Prevention is better than cure

The use of face masks has become mainstream on a global scale, not only as a preventative measure in terms of contracting infectious diseases, but more importantly as a means to limit the possible spread should you already be infected. Keep yourself and those around you safe with our range of masks.

# FACE MASKS

HWB-9944

## EVA & ELM ADULT COTTON FACE MASK

unisex adult • cotton  
double layer face mask

GY ST



These reusable cotton face masks are intended for personal use and not as a replacement for medical grade Personal Protective Equipment (PPE) or other preventative measures recommended by health authorities. Daily washing at a minimum temperature of 60° Celsius recommended.



## Useful Tip

As a precaution in terms of limiting the spread of infectious diseases like COVID-19, protect yourself and others by wearing a mask.

Masks are effective only when used in combination with good hand hygiene: frequent hand washing with soap and alcohol-based sanitisers.

## FACE MASKS



**HWB-9901**  
**EVA & ELM ADULT COTTON**  
**FACE MASK SET**

unisex adult • cotton  
double layer face masks



reverse of masks is white

These reusable cotton face masks are intended for personal use and not as a replacement for medical grade Personal Protective Equipment (PPE) or other preventative measures recommended by health authorities. Daily washing at a minimum temperature of 60° Celsius recommended.

# FACE MASKS



## GIFTSET-7570 EVA & ELM MUNROE SET

**single face mask:** unisex adult • cotton • double layer face mask  
**hand sanitiser:** 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

GY ST



## GIFTSET-7578 EVA & ELM KENDALL SET

**face mask set:** unisex adult • cotton • double layer face masks  
**hand sanitiser:** 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml



Keep your team safe and help  
*flatten the curve*

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# FACE MASKS



## GIFTSET-7555

### EVA & ELM ULFA GIFT SET

**earbuds & lens cloth:** case: 7.5 (l) x 4.5 (w) x 2.2 (h) • PVC  
• microfibre screen and lens cloth • earbuds: ABS  
**face mask set:** unisex adult • cotton • double layer face masks  
**cellphone spray:** 7.5 (h) x 1.7 (dia) • PP • 5ml  
**hand sanitiser:** 10.5 (h) x 5.5 (dia) • PET • 150ml  
**hand sanitiser:** 13.5 (h) x 6.5 (dia) • PET • 250ml  
**pouch:** 20 (w) x 6.5 (d) x 15 (h) • PVC

BL

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These reusable cotton face masks are intended for personal use and not as a replacement for medical grade Personal Protective Equipment (PPE) or other preventative measures recommended by health authorities. Daily washing at a minimum temperature of 60° Celsius recommended.

## FACE MASKS

*The bare necessities*

SOLD AS A  
single  
MASK



**HWB-9933**  
**EVA & ELM ADULT**  
**POLYCOTTON FACE MASK**

unisex adult • polycotton  
double layer face masks

BL | GY



SOLD AS A  
pair  
OF MASKS

These reusable polycotton face masks are intended for personal use and not as a replacement for medical grade Personal Protective Equipment (PPE) or other preventative measures recommended by health authorities. Daily washing at a minimum temperature of 60° Celsius recommended.

## FACE MASKS



SOLD AS A  
*single*  
MASK  
WITH HAND  
SANITISER

**GIFTSET-7560**  
**EVA AND ELM HOLMES SET**

single face mask: unisex adult • polycotton • double layer face mask  
hand sanitiser: 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

BL GY

**GIFTSET-7568**  
**EVA & ELM CEDARS SET**

face mask set: unisex adult • polycotton • double layer face masks  
hand sanitiser: 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

R1,00 per unit sold will be donated to the National Solidarity Fund

These reusable polycotton face masks are intended for personal use and not as a replacement for medical grade Personal Protective Equipment (PPE) or other preventative measures recommended by health authorities. Daily washing at a minimum temperature of 60° Celsius recommended.

*Prevent the spread*  
of infectious diseases

SOLD AS A  
*pair*  
OF MASKS  
WITH HAND  
SANITISER





# Wellness Gift Sets

This collection of wellness essentials has been designed to help you and your business create awareness, promote the importance of good hygiene and improve the overall health and wellbeing of your entire team. Keep yourself and those around you safe, help flatten the curve and prevent the spread of COVID-19.

## WELLNESS GIFT SETS

Keep your mobile devices

sparkling clean  
and sanitised



GIFTSET-7507

### EVA & ELM BRINA CELLPHONE CLEANER AND EARBUDS SET

cellphone spray: 7.5 (h) x 1.7 (dia) • PP • 5ml

microfibre cloth: 10 (l) x 10 (w) • microfibre

earbuds & pouch: pouch: 10.3 (l) x 9.9 (w) • 300D • includes handy carry pouch • earbuds: ABS & PVC

GY



GIFTSET-7513  
EVA & ELM SHAYE GIFT SET

2 x soaps: shea butter • 160g • fragrances: mint / lavender  
• presentation box: 7.4 (l) x 7.4 (w) x 3.2 (h)

2 x hand sanitisers: 10.5 (h) x 5.5 (dia) • PET • 150ml  
cosmetic bag: 22 (w) x 5 (d) x 15 (h) • microfibre



BL

Nothing beats a good old fashioned

bar of soap

R1,00 per unit sold will be donated to the National Solidarity Fund

## WELLNESS GIFT SETS



R1,00 per unit sold will be donated to the National Solidarity Fund

These reusable polycotton face masks are intended for personal use and not as a replacement for medical grade Personal Protective Equipment (PPE) or other preventative measures recommended by health authorities. Daily washing at a minimum temperature of 60° Celsius recommended.

Conquer the day with this  
*clever combination*



**GIFTSET-7511**  
**EVA & ELM CATINA GIFT SET**

**face mask set:** unisex adult • polycotton • double layer face masks  
**earbuds & lens cloth set:** case: 7.5 (l) x 4.5 (w) x 2.2 (h) • PVC • microfibre screen and lens cloth • earbuds: ABS  
**cellphone spray:** 7.5 (h) x 1.7 (dia) • PP • 5ml  
**hand sanitiser:** 10.5 (h) x 5.5 (dia) • PET • 150ml  
**hand sanitiser:** 13.5 (h) x 6.5 (dia) • PET • 250ml  
**pouch:** 20 (w) x 6.5 (d) x 15 (h) • PVC

BL

## WELLNESS GIFT SETS



We've got you covered

GIFTSET-7515

### EVA & ELM ADEENA GIFT SET

tumbler: 19.8 (h) • stainless steel outer • PP liner • 450ml • easy grip rubber sleeve

blanket: 150 (l) x 120 (w) • polyester fleece • 200g/m<sup>2</sup>

2 x hand sanitisers: 10.5 (h) x 5.5 (dia) • PET • 150ml

drawstring bag: 33 (w) x 42 (h) • 80g/m<sup>2</sup> non-woven

BL BU L R TQ



R1.00 per unit sold will be donated to the National Solidarity Fund

## WELLNESS GIFT SETS

perk up with this  
feel-good combo

GIFTSET-7517

### EVA & ELM GALENE GIFT SET

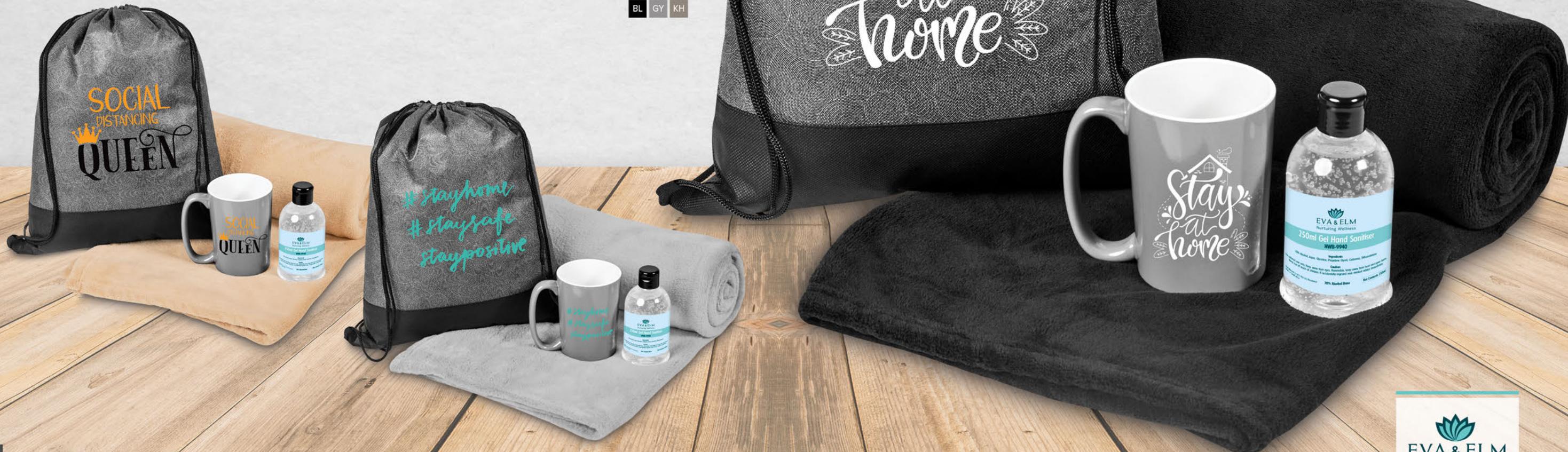
mug: 12 (h) • AB grade ceramic • 415ml

blanket: 152.4 (l) x 127 (w) • micro coral fleece • 240g/m<sup>2</sup>

hand sanitiser: 13.5 (h) x 6.5 (dia) • PET • 250ml

drawstring bag: 33 (w) x 42 (h) • 80g/m<sup>2</sup> non-woven

BL GY KH



R1,00 per unit sold will be donated to the National Solidarity Fund



a little warmth  
goes a long way...

**GIFTSET-7519**  
**EVA & ELM CONRAD GIFT SET**

travel mug: 15.8 (h) • PPA outer & liner • 410ml  
blanket: 150 (l) x 120 (w) • polyester fleece • 200g/m<sup>2</sup>  
hand sanitiser: 10.5 (h) x 5.5 (dia) • PET • 150ml  
drawstring bag: 33 (w) x 42 (h) • 80g/m<sup>2</sup> non-woven

BL BU CY L OR SW



R1,00 per unit sold will be donated to the National Solidarity Fund

keep warm and snug

with a super-cosy Sherpa blanket



### GIFTSET-7521

#### EVA & ELM KENNA GIFT SET

double-wall flask: 26.2 (h) • stainless steel outer • PPA liner • 500ml

blanket: 150 (l) x 130 (w) • side 1: coral fleece • side 2: sherpa • 200g/m<sup>2</sup>

hand sanitiser: 15 (h) x 8 (dia) • PET • 500ml

GY R

R1,00 per unit sold will be donated to the National Solidarity Fund

## WELLNESS GIFT SETS



GIFTSET-7523

### EVA & ELM IMELDA GIFT SET

beanie: acrylic rib knit

scarf: 160 (l) x 20 (w) • acrylic rib knit

hand sanitiser: 10.5 (h) x 5.5 (dia) • PET • 150ml

drawstring bag: 33 (w) x 42 (h) • 80g/m<sup>2</sup> non-woven

BL BU GY N R

*Stay safe*  
and protect yourself from the elements



R1,00 per unit sold will be donated to the National Solidarity Fund

## WELLNESS GIFT SETS



GIFTSET-7525

### EVA & ELM RAGNAR GIFT SET

- double-wall mug:** 15.5 (h) • stainless steel outer • PP inner • 300ml  
• thermo tumbler with secure screw lid and a large thumb slide drink seal  
**beanie:** acrylic rib knit  
**scarf:** 160 (l) x 20 (w) • acrylic rib knit  
**gloves:** acrylic rib knit  
**hand sanitiser:** 10.5 (h) x 5.5 (dia) • PET • 150ml  
**drawstring bag:** 33 (w) x 42 (h) • 80g/m<sup>2</sup> non-woven

BU CY GY L OR

don't leave home  
without it!

R1.00 per unit sold will be donated to the National Solidarity Fund

## WELLNESS GIFT SETS

Make a seamless transition between your  
*home and the office*



GIFTSET-7543

### EVA & ELM LOKI GIFT SET

wired headphones: 16 (l) x 11.5 (w) x 3 (h) • ABS • compatible with all audio devices • 3.5mm audio jack • folding headband with deluxe padded on-ear headphones

double-wall travel mug: 15.8 (h) • PP outer & liner • 410ml

hand sanitiser: 10.5 (h) x 5.5 (dia) • PET • 150ml

backpack: 19 (l) x 10 (w) x 40 (h) • 600D & polyester  
• adjustable back straps • front zip pocket with contrast grey trims

BL BU CY L OR SW



R1,00 per unit sold will be donated to the National Solidarity Fund

## WELLNESS GIFT SETS



GIFTSET-7545

### EVA & ELM DIDIANE POUCH GIFT SET

stylus pen & screen cleaner: stylus pen with microfibre screen cleaner hair

hand sanitiser: 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

pouch: pouch: 17 (l) x 10 (w) • 600D • lanyard: 65 (l) x 0.3 (w) • nylon

BL BU L O P R

Keep it together!



R1,00 per unit sold will be donated to the National Solidarity Fund

## WELLNESS GIFT SETS



*The perfect gift*  
for our health care workers

GIFTSET-7547

### EVA & ELM ADRIEL POUCH GIFT SET

pen: with black German ink • character pen with stethoscope clip

hand sanitiser: 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

pouch: pouch: 17 (l) x 10 (w) • 600D • lanyard: 65 (l) x 0.3 (w) • nylon

BU CY L P PI OR SW Y



R1,00 per unit sold will be donated to the National Solidarity Fund

# Work from home Gift Sets



This collection has been created to help you and your business navigate the 'new normal' like a pro! Adapting to dramatic change can be highly disruptive to team morale and performance and we understand that making a 'comeback' in the current economic environment is easier said than done. Whether your team is working from home or performing essential services, keep them motivated and focussed on the task at hand with these essentials.

# WORK FROM HOME GIFT SETS

cultivate  
healthy habits

GIFTSET-7509

## EVA & ELM AMARA GIFT SET

**earbuds:** case: 7.2 (l) x 7.2 (w) x 2.2 (h) • PVC • earbuds: ABS & PVC

• includes bud-covers in 3 sizes

**skipping rope:** 300 (l) • PVC

**hand sanitiser:** 13.5 (h) x 6.5 (dia) • PET • 250ml

**pouch:** 15 (w) x 6 (d) x 14 (h) • PVC

BL



R1,00 per unit sold will be donated to the National Solidarity Fund

## WORK FROM HOME GIFT SETS



*All coasters love coffee*

GIFTSET-7529

EVA & ELM BIANCA GIFT SET

mug: 9.6 (h) • AB grade ceramic • 330ml

presentation box: 11 (l) x 11 (w) x 12 (h)

coaster: 12.7 (dia) • polyester & rubber • anti-slip

hand sanitiser: 10.5 (h) x 5.5 (dia) • PET • 150ml

SW

R1,00 per unit sold will be donated to the National Solidarity Fund

# WORK FROM HOME GIFT SETS

*Give your team*  
the tools to create a happy working  
environment at home.



GIFTSET-7527

## EVA & ELM BRYSEN GIFT SET

**mug:** 9.6 (h) • AB grade ceramic • 330ml

**presentation box:** 11 (l) x 11 (w) x 12 (h)

**earbuds:** case: 7.2 (l) x 7.2 (w) x 2.2 (h) • PVC • earbuds: ABS & PVC • includes bud-covers in 3 sizes

**webcam cover & screen cleaner:** 7 (l) x 4 (h) x 3 (w) • ABS & microfibre

**ring grip & phone stand:** 4 (l) x 3.5 (w) • ABS & zinc alloy

**hand sanitiser:** 10.5 (h) x 5.5 (dia) • PET • 150ml

BL BU G R SW O

## WORK FROM HOME GIFT SETS



GIFTSET-7531  
EVA & ELM VIATRIX GIFT SET

mug: 9.6 (h) • AB grade ceramic • 330ml

presentation box: 11 (l) x 11 (w) x 12 (h)

toy, screen cleaner & phone stand: 6 (l) x 7.5 (w) • silicone • screen cleaner

hand sanitiser: 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

B U L O P R

*Take challenges in your stride*



R1,00 per unit sold will be donated to the National Solidarity Fund

## WORK FROM HOME GIFT SETS



GIFTSET-7533

### EVA & ELM HARPER GIFT SET

charging cable: 21 (l) • PVC • charging function only

notebook: 21 (l) x 14.2 (w) x 0.6 (h) • leatherette paper cover • 96 lined pages

stylus pen & screen cleaner: stylus pen with microfibre screen cleaner hair

hand sanitiser: 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

pouch: 24.5 (l) x 18.5 (h) • PVC

BL BU L O P R

Time to take notes

R1,00 per unit sold will be donated to the National Solidarity Fund

# WORK FROM HOME GIFT SETS



## GIFTSET-7535

### EVA & ELM OSCAR GIFT SET

**earbuds with microphone:** case: 7 (l) x 7 (w) x 1.8 (h) • PVC • includes bud-covers in 3 sizes

• earbuds: ABS & PVC

**notebook:** 21 (l) x 14.2 (w) x 0.6 (h) • leatherette paper cover • 96 lined pages

**ball pen:** head turner MopTopper ball pen with microfibre screen cleaner hair • spins 360°

**webcam cover & screen cleaner:** 7 (l) x 4 (h) x 3 (w) • ABS & microfibre

**pouch:** 24.5 (l) x 18.5 (h) • PVC

**hand sanitiser:** 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

BUL OR SW

*Increase productivity*

with these home office essentials

## WORK FROM HOME GIFT SETS

*Don't miss a beat*  
on your next conference call

### GIFTSET-7537 EVA & ELM SLOANE GIFT SET

**hands free earbuds:** 3.5mm audio jack

- Swiss Cougar hands free earbuds offer exceptional sound quality and a comfortable fit
- built-in microphone supports call pick up

**notebook:** 21 (l) x 14.3 (w) x 1.3 (h) • PVC • 128 lined pages

**ball pen:** with black German ink

**hand sanitiser:** 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

**pouch:** 25 (l) x 18 (w) • 600D • multi-purpose pouch with two zippered compartments and a hand strap

BL BU CY LN OR Y



R1,00 per unit sold will be donated to the National Solidarity Fund

# WORK FROM HOME GIFT SETS

GIFTSET-7539

## EVA & ELM CORVINA GIFT SET

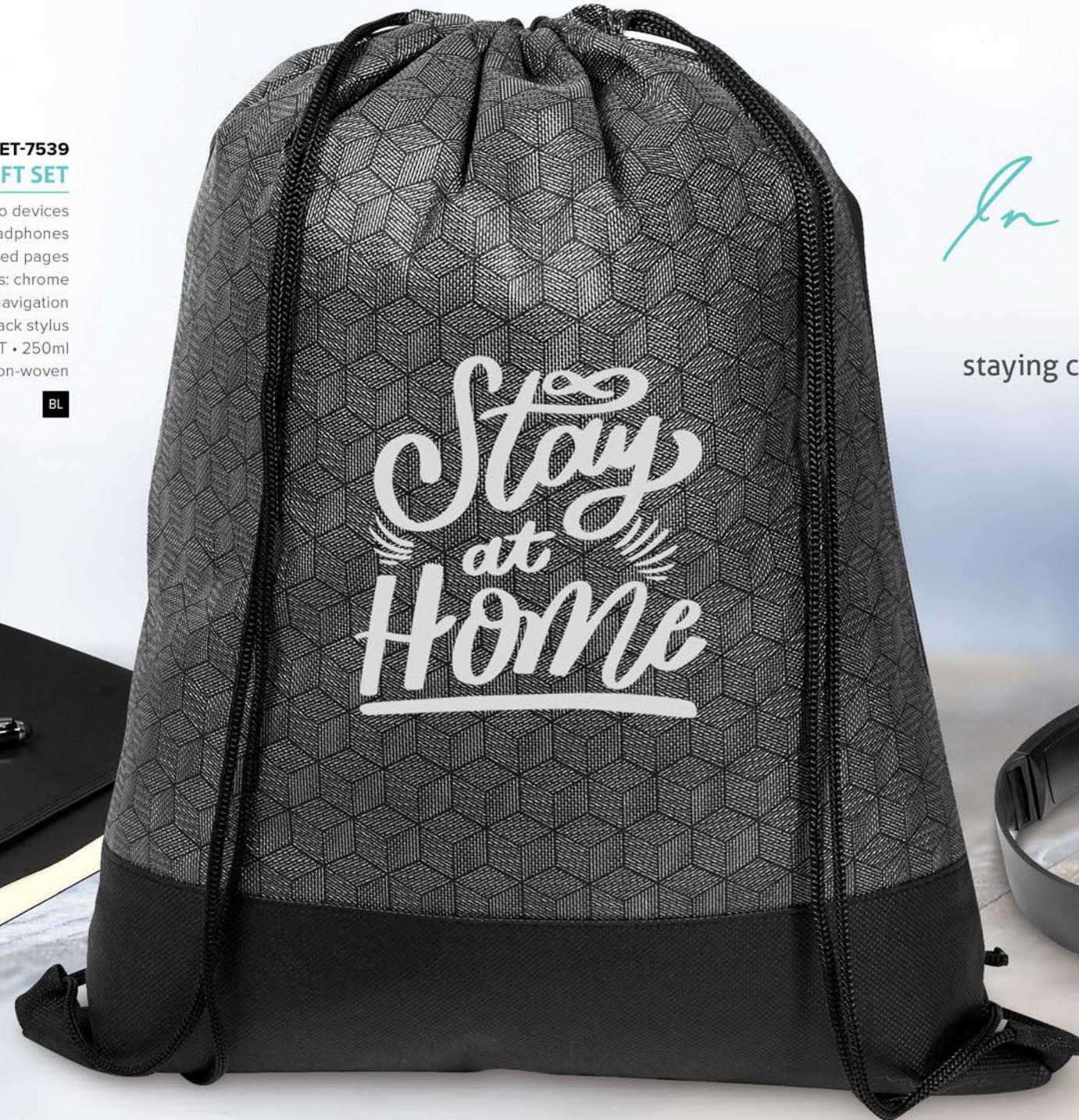
wired headphones: 15 (l) x 18 (w) x 3 (h) • ABS • compatible with all audio devices  
• 3.5mm audio jack • folding headband with deluxe padded on-ear headphones

notebook: 24 (l) x 17.5 (w) x 1.5 (h) • thermo PU • 160 lined pages

stylus ball pen: barrel: metal with gloss laquer coating • trims: chrome  
• with black German ink • stylus tip for smart device screen navigation  
• AV slim twist refill • minimum 1500 meters writing distance • black stylus

hand sanitiser: 13.5 (h) x 6.5 (dia) • PET • 250ml  
drawstring bag: 33 (w) x 42 (h) • 80g/m<sup>2</sup> non-woven

BL



In a digital workspace

staying connected is more important than ever

R1,00 per unit sold will be donated to the National Solidarity Fund

## WORK FROM HOME GIFT SETS



A comprehensive kit, designed to

*keep your team  
connected*

GIFTSET-7541

### EVA & ELM HALINA GIFT SET

**power bank:** 12.3 (l) x 6.8 (w) x 1 (h) • aluminium • lithium polymer battery • includes 2-in-1 cable with dual micro USB & lightning connectors • micro USB • lightning • charges android and apple devices • LED remaining capacity indicator

**specifications:** capacity: 4000mAh • input current: 5V/1A • output current 1: 5V/2.1A • output current 2: 5V/1A  
• life cycle: <300 cycles • recharge time: 5 hours • discharge time: <1.5 hours

**earbuds:** 3.5mm audio jack

**charging cable:** 21 (l) • PVC • charging function only

**face mask set:** unisex adult • polycotton • double layer face masks

**hand sanitiser:** 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

**pouch:** 22 (l) x 15 (w) • 600D

SW

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# WORK FROM HOME GIFT SETS



GIFTSET-7549

## EVA & ELM NASCHA GIFT SET

**power bank:** 9.5 (l) x 2.2 (w) x 2.2 (h) • ABS • lithium ion battery

• includes micro USB cable

• **specifications:** capacity: 2200mAh • input current: 5V/0.5A

• output current: 5V/1A • life cycle: <500 cycles

• recharge time: <2hours • discharge time: 3-4 hours

**charging cable:** 21 (l) • PVC • charging function only

**earbuds with microphone:** case: 7 (l) x 7 (w) x 1.8 (h) • PVC

• includes bud-covers in 3 sizes • earbuds: ABS & PVC

**stylus pen & screen cleaner:** stylus pen with microfibre screen cleaner hair

**hand sanitiser:** 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

**pouch:** 22 (l) x 11.5 (w) • PVC

BL BU LO PR

Master the art  
of motivation

R1,00 per unit sold will be donated to the National Solidarity Fund

# WORK FROM HOME GIFT SETS

Optimise your teams performance with

*the right tools*

GIFTSET-7551

## EVA & ELM SIBEAL GIFT SET

**power bank:** 9.5 (l) x 2.2 (w) x 2.2 (h) • ABS • lithium ion battery

- includes micro USB cable

**specifications:** capacity: 2200mAh • input current: 5V/0.5A • output current: 5V/1A

- life cycle: <500 cycles • recharge time: <2hours • discharge time: 3-4 hours

**charging cable:** 21 (l) • PVC • charging function only

**earbuds with microphone:** case: 7 (l) x 7 (w) x 1.8 (h) • PVC • includes bud-covers in 3 sizes

- earbuds: ABS & PVC

**stylus pen & screen cleaner:** stylus pen with microfibre screen cleaner hair

**hand sanitiser:** 8.2 (l) x 4 (w) x 2.4 (h) • PET • 50ml

**pouch:** 19 (l) x 7 (w) x 4.5 (h) • linen polyester

BL BU L O P R



R1,00 per unit sold will be donated to the National Solidarity Fund

A close-up, low-angle shot of a person's legs and hands while meditating in a lotus position on a blue mat. The person is wearing white pants and a white shirt. The background is a bright, sunlit grassy field.

*living life well*

